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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

نحمده ونصلى على رسوله الكريم

METHOD OF PERFORMING SALAAH (WOMEN) ACCORDING TO HANAFITE

The Salah [Namaz] as offered by women differs from that of men in the following aspects. Women should be careful about what is required of them:

1. Before starting the prayer, they should make sure that their whole body, except the face, the hands and the feet, is covered properly, woman should adopt that which is the most modest and concealing for her.
2. Normally, their prayer is the same manner except for a few differences. Without exposing their hands they should raise their hands to the height of their shoulders at the time of first Takbir (Takbeer-e-Tahrira).
3. They place their hands on the chest; place the palm of their right hand on the back of the left forehead. (Just to place, not to hold).
4. Closely they should keep the feet and knee together.
5. In Ruku, they should bend less as compared to men; bend over sufficiently so that their HANDS reach the KNEES, the fingers should be close together.
6. In Ruku, their fingers should be close together, and their arms close to their sides.
7. Make sure, there is still no separating distance between legs in ruku and standing after ruku.
8. While doing Sajdah, they should lower their chest from the start and go for Sajdah.
9. In Sajdah, the thigh should be in a flat position and the feet spreading towards the right and the stomach and thighs must be kept together. The forearms should be put flat on the ground. It means completely close, the stomach, the thighs, and the arms. Once the Holy Prophet "Peace and Blessings Be On Him" passed by two women who were praying Salah. He said, when you prostrate, let part of your body cling to the earth, for women are unlike men in this regard.

10. While performing Sajda, they should place the whole arm, including the elbows, on the floor.
11. The sitting between two Sajdah or sitting for Tashahhud (At-Tayiyyaat), they should sit on the left hip, both feet out to the side and let the left foot rest on the right calf of the leg.
12. While standing, in Ruku, In Sajdah, between two Sajdah, in Tashahhud, under all condition they should make sure that they are keeping fingers close together.

Additional rulings:

1. There is no Azaan and iqamah for women, it is mentioned, Sayyiduna Ibn Umar “May Allah Be Pleased with Him” said, there is no azaan or iqamah upon women.
2. It is disliked [makruh] for them to perform prayer in congregation [Jamaa’ah]. If family Mehram Members are performing prayer in Jamaa’ah in the house, so it is allowed to join by standing behind the men.
3. Jumu’ah prayer is not obligatory [Fardh] on them, and Eid prayers also are not obligatory [Wajib]. The Holy Prophet “Peace and Blessings be On Him” said that Jumu’ah in congregation is an obligatory duty upon every Muslim except four people: a slave, a woman, a child, and one who is sick.
4. For women, making Salah in the room is better than doing it in the verandah and doing it in the verandah is better than doing it in the courtyard. Sayyiduna Abdullah bin Mas'ud reports that the Prophet “Peace and Blessings Be On Him” said, the prayer of a woman in her makhda' (partition) is better than her prayer in her hujrah (chamber), and her prayer in her hujrah is better than her prayer in her bait (house).

Jazaakallah

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