

Dar-ul-Iftah

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باسمه تعالی

Praise is due to Allah who guided us to the righteous path, And Durood o Salaam Upon the Holy Prophet Muhammad “peace be upon him” and his Family and Companions.

I'TEKAAF

1. The philosophy of I'tikaaf:

I'tikaaf means to stay in Masjid for a period, the person who stays in Masjid is known as Mu'takif.

Mu'takif disconnects himself from this world and stays in Masjid and engages him all time in prayer, worship and Zikr of Allah and His Beloved.

While the Mu'takif spends his moment in Masjid, he receives the excellence and spiritual power and energy from Allah Almighty, and he approaches closely to Allah Almighty.

2. Condition of I'tikaaf:

- (1) Intention.
- (2) Masjid for Men, and specific place in home for women where she often she performs her Namaz.
- (3) Islam, the Mu'takif must be a Muslim.
- (4) Intellect person. To be mature is not a condition; a nonage boy can perform the I'tikaaf.
- (5) Women must be pure. (Out of the period of Menstruation and Nifaas).
- (6) To fast except in Nafl I'tikaaf.

3. Method of the Holy Prophet's I'tikaaf: “peace and blessings be upon him”

- i. Evermore, during the period of I'tikaaf, the Holy Prophet ‘peace and blessings be upon him’ was busy in Zikr after the morning prayer ‘fajr’.
- ii. After the sunrise He performed the Salaat ul Isharaaq and after He slept a few.
- iii. At the time of Chasht, He waked up and perform the Salaat.
- iv. After the second prayer ‘Zohr’ he recited the Holy Quraan till Asr.
- v. After Asr again He recited the Holy Quraan till the time of Iftaar.
- vi. With date and sometime with only water He did Iftaar.
- vii. After Maghrib He ate a little.
- viii. He performed Isha and Taraweeh. And after again He passed all the time in Zikr and in recitation of the Holy Quraan.
- ix. He rested a few moments and then got up at the time of Sehri, He performed the Salaat ‘tahajjud’.
- x. Finally, He ate for Sehri.

The notable act of the Holy Prophet ‘peace and blessings be upon him’ is the recitation of the Holy Quraan during the period of I'tikaaf.

4. Mannat for I'tikaaf:

If someone has made a mannat “imploration” for staying in Masjid with the intention of I'tikaaf, So He will have to accomplish it, and to fast is obligatory.

5. Status of I'tikaaf:

I'tikaaf is Sunnah Al Muakkida A'la Al Kifaayah, it means if in a place no one has performed I'tikaaf, So every person in the region will condemn by Shariah Law. Otherwise if only one person has performed it, so no one will be discharged for this sin.

6. I'tikaaf for Women:

The proper method is the specific place where a woman performs the prayer in her home or room, choose this place for I'tikaaf and stay in the round and do not come out except urgently.

SHABEENA

1. Shabeena means to wake up at night. This rule and principle undoubtedly existed in the period of the Holy Prophet ‘*peace and blessings be upon him*’.

Allah states in the Holy Quraan:

*O you enwrapped one. Remain arisen (to pray) in the night except some portion thereof.
A half of it or a little less. Or a little more, and recite the Quraan in slow rhythmic tones.*

Al Muzammil V: 1-4

It is mentioned in Hadith that one night the Holy Prophet ‘*peace and blessings be upon him*’ has recited the chapter of Al Baqarah, Aale Imraan, Al Maa’ida and Al An’aam in Tahajjud.

It is mentioned in Bukhari that during the last ten nights of Ramadhan Shareef the Holy Prophet ‘*peace and blessings be upon him*’ used to pray all the night and used to keep his family awake for the Qiyaam (Ibaadat).

2. In Shabeena people always recite and listen the Holy Quraan mostly at night, there is no specific Rak’aat in Shabeena, potentially it depends on the quality of person and of course by the guidance of Allah Almighty.

Jazaakallah

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